

Class Name	Summary
Active Shooter Training Erik Hedlund	The Civilian Response to Active Shooter Events (CRASE) course is designed and built on the Avoid, Deny, Defend (ADD) strategy developed by ALERRT in 2004. This class provides strategies, guidance and a proven plan for surviving an active shooter event. Topics include the history and prevalence of active shooter events, civilian response options, medical issues, and considerations for conducting drills.
Aerial Work Platform Training: Boom/Scissor Lift Michael Clossen Sr.	The AWP Training is a 4-hour class designed to train the operator on the proper use of Aerial Work Platforms (Boom Lifts and Scissor Lifts). All operators of AWP's must be familiar with the controls and trained on the safe and proper use of the equipment. This class will feature some classroom and hands-on training to certify the operator on particular models. After passing the exam a wallet card is given out to each trainee for his or her records. The card will expire after 3-years from the date issued. This class does not qualify anyone to teach operator safety classes. This class is for operators only.
Agricultural Safety Cole Craven	This course provides an introductory level review of the major issues in agricultural health and safety. Students will gain knowledge of the various hazards in the agricultural industry, including physical, biological and chemical hazards. The course will provide mitigation strategies to protect health and promote safety in the agriculture industry.
Asbestos Awareness Eric Dickson	Asbestos probably affects you to some degree whether you know it or not. Eric will discuss what asbestos is, its health hazards, historical uses, odd/strange uses, and current uses. He'll also show you how to recognize if a product on the shelves contains asbestos or not so you don't inadvertently purchase and use it (what?!). Yes, it's been back on shelves of hardware and building supply stores since NAFTA and CAFTA in the early 2000's. You'll also learn the importance of a Good Faith asbestos inspection prior to starting your small or large project (whether you are the owner or contractor).
ASME/OSHA Basic Rigging Mary Beymer	Students will gain greater awareness of safe rigging practices, learn the importance of choosing proper rigging and understand what to look for before you lift. This class includes: <ul style="list-style-type: none"> • Risk management and basic rigging plan • Basic rigging principles and load control • Loads on rigging and the rigging triangle • Application and inspection of hardware • Application and inspection of slings
Back County Safety Tom Newcombe & Carolyn Peterson	The Northwest offers many opportunities to enjoy the forest, rivers and lakes that make up what is called the backcountry. However, those wishing to enjoy the backcountry need to realize that without proper precautions and preparation, it can be brutally unforgiving. The Kootenai County Sheriff's Office and its Volunteer Search & Rescue organization, has developed a program to educate anyone venturing into our backcountry. It consists of three main elements: Communication, Preparation and Mental Control. Come learn how to prepare for your trips to insure your safety, and if lost or injured, help us rescue you as quickly as possible.
Blood borne Pathogens Jason James	Employees in many occupations may be at risk for exposure to bloodborne pathogens. This 1-hour class will prepare you to safely employ an exposure control plan by identifying infectious pathogens, application of personal protective equipment, and other provisions required by OSHA's Bloodborne Pathogen Standard. Health care workers, first responders and housekeeping personnel would be the ideal candidate to enroll in this class.
Computer Workstation Ergonomics Ed Havey	This course will enhance your knowledge of office and production floor computer workstations. This class will cover the basic ergonomics principles, potential injury risk factors, and practical ways to make your workstations more comfortable and productive. We will also discuss the advantages and potential pitfalls of sit-stand workstations
Confined Space Training Curt Sather	Many workplaces contain spaces that are considered "confined" because their configurations hinder the activities of employees who must enter, work in, and exit them. A confined space has limited or restricted means for entry or exit, and it is not designed for continuous employee occupancy. In this session, attendees will learn the difference between "permit required" and "non-permit required" spaces as well as the purpose of an entry permit. This class will also cover the hazards associated with confined spaces and the responsibilities of all workers on the site. In addition, the instructor will explain proper on-site safety and emergency response procedures.
Cyber Crimes & Safety Detective Neil Uhrig	Take time to learn cyber security basics, including the right tools and tactics, detection and prevention of cyber threats, the safe way to explore the web, and protection for yourself, your family, or your business from cyber-criminal actions.

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Decisions: Challenges to Making Safe Choices Curt Sather	The majority of injuries are the result of unsafe acts rather than unsafe conditions. We will explore ideas that address the behaviors and choices that we all make in our work and home life. The human behaviors that challenge us to make the safest choices will be discussed as well as ideas for helping to understand why these choices are made and ways we can change these behaviors.
Ergonomics Fundamentals Ed Havey	This course will cover what is ergonomics, why ergonomics is important to you and your organization, where ergonomics can be used, and how to identify and minimize hazards that might lead to injury and impact productivity. The course will focus on finding and fixing potential hazards by using simple ergonomics "Golden Rules". Participants will also have an opportunity to "ask the ergonomist", so bring your questions and scenarios.
Excavation Awareness Troy Canoy	The class will cover the basic OSHA requirements for excavations, excavation hazard awareness/identification, the basics of soil identification/classification and common excavation problem solving.
Excavations Training April Woelk	When Things go Bad - Call 911! When safety steps are not followed, bad things happen to good people. The goal of the fire department is to make things better, more safe and not add to the problem. The Fire Chief of Kootenai County Fire & Rescue will be on hand to talk about what will happen when firefighters arrive; what they will do and what they won't and how on-site contractors can assist in a rescue.
Fall Protection April Woelk	This class will cover the basic principles of fall protection including the proper use of anchorage connectors, body harnesses, lanyards, self retracting lifelines and horizontal lifelines. A discussion of the new developments in fall protection including the updated ANSI Z359 standard will take place. This class will also detail the proper inspection of fall protection equipment.
Fire Extinguisher Safety Bobby Gonder	Being trained to properly use a fire extinguisher is important. In fact, having the confidence to react quickly during an emergency is a big part of helping you protect your people and your business. This class will educate attendees on the basics of fire extinguisher locations, common fires and fire hazards, proper procedures, safe evacuation routes, and much more.
First Aid/ CPR & AED Mark Altmar & Eric Dickson Becky Colloti & Greg Rodriguez	Through lecture, videos and hands-on practice, this half-day course will prepare individuals to respond confidently to emergency situations. Skills and topics include: CPR and AED use, choking, bleeding control, bandaging and splinting, cold and heat related emergencies, Epinephrine Auto-Injector training, and many more. Students will practice essential skills in small group practices and are evaluated through instructor observation of the reasonable performance of skills. Certification cards will be issued and are valid for 2 years from the date of the class.
Focus Four April Woelk	This course focuses on the top four hazards in the construction industry (falls, electrocutions, struck-by and caught-ins. Construction workers make up approximately 6% of the country's workforce, but account for more than 20% of all job related fatalities each year. Construction is one of the most hazardous industries in America; each year a substantial number of construction workers lives and countless others are injured by these four hazards. Participants will be introduced to accident prevention techniques and hazard recognition to improve their awareness about the focus four hazards and ways to abate these hazards.
Forklift/Material Handler Training (Class 7 Reach) Michael Closson Sr.	This training is for Class 7 Reach forklifts. Students will receive a wallet card indicating you took the training class. The card will be good for 3 years.
Green Dot Training Jess Bennett, Alex Harris, Gus Wessel & Amanda Krier	The Green Dot safety program is a bystander intervention program that gives participants the tools and resources to measurably reduce interpersonal violence in their community. The program is based on the idea that most people will intervene or prevent an act of violence from occurring if they simply are inspired to do so and have resources they feel comfortable using.
Hazardous Communications & Awareness Chief Warren Merritt	This course will cover the history to include a change from material safety data sheets (MSDS) to the new GHS (globally harmonized system) for the classification and labeling of chemicals in the workplace. This should speak to both ID and WA attendees.
HAZWOPER Anne Bailey	This class satisfies the OSHA requirement for annual 8 hour refresher training per 29 CFR 1910.120 or 29 CFR 1926.65. All participants in this class must have either a 40 Hour or a 24 Hour certificate (you do not need to bring the certificate to the class). This class is appropriate for anyone involved in clean up or assessment of hazardous waste sites. It is not applicable to emergency response personnel or TSD/RCRA facilities. Topics will include a review of the OSHA standard, an update on environmental regulations and current rulemaking, new OSHA initiatives including combustible dust, hazard analysis techniques and control measures, selection of chemical protective clothing, fire protection approaches and spill control methods. Certificates of completion will be awarded.

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Heavy Equipment Safety Cole Craven	This Heavy Equipment and Machinery Safety course provides safety awareness training for those who work on and around heavy equipment and vehicles. Students will be able to recognize methods for identifying and preventing hazards pertaining to heavy equipment and vehicle operations. It addresses common hazards including the top four causes of injury and death: falls, struck-by, caught-between, and electrocution.
Highway Safety Countermeasures that Work Lance Johnson	
How EMR Effects Your Bottom Line Breanna Sigmon & Alicia Ray	This seminar will cover how both Washington State and Idaho State EMRs are calculated in addition to how your EMR affects your bottom line. We will discuss how various components (claim costs, return to work processes, etc.) factor into your EMR calculations. At the conclusion of this seminar, participants will be able to identify factors that determine how workers' compensation claims affect a company's EMR calculation. Participants will also be able to identify the process of how EMR determines a company's State Premium.
IDPR - Boating Safety Certification Deputy William Klinkufus	Boating Safety is a concern for everyone on the water. Boaters can keep themselves and their passengers safe by learning about responsible boat operation, etiquette, and rule of the waterways. Topics include: Knowing Your Boat; Trailering Your Boat; Boat Maintenance; Navigation Rules; Legal Requirements; Boating Emergencies; Before You Get Underway; Launching/Retrieving; Operating Safely; PWC Operations; Safety Equipment; Water Sports. This is a state course approved by the National Association of State Boating Law Administrators and recognized by the U. S. Coast Guard. It meets the state boating education requirements for the State of Washington and other states that have mandatory boating education laws.
Industrial Hygiene : Health Hazards in the Work Place John Zeman	Learn how and why the Occupational Safety and Health Act was created and how it has evolved through the years. Find out its major organizational divisions and functions so you will know who to contact for guidance and notifications. This course provides the basic tools a safety and health manager needs to understand the health regulations for his/her company. How do you conduct a hazard assessment and develop hazard controls for Silica, Lead, Asbestos, Solvents, Chrome, Formaldehyde, Ergonomics, and Noise. What Health Programs do you need? Bloodborne Pathogens, Combustible Dust, Confined Space, Ergonomics, Hazardous communications (HAZCOM), Hearing Conservation, Job/PPE Hazard Assessments, Laser/Radiation, PPE, Heat Stress, Wellness, and Respiratory Protection. As a Industrial Hygienist what do you need to know?
Industrial Hygiene : How to Conduct Personal Exposure Sampling John Zeman	This course provides the basic tools a safety and health manager needs to understand how to conduct personal exposure sampling. This class will give you hands on experience with the setup and calibration of sampling equipment used to quantify exposure to environmental agents like silica dust, paint solvents, chrome, metals, welding fumes, and noise.
Introduction to Incident (Accident) Investigation: OSHA #7505 Dalena Triplet	This course covers an introduction to basic accident investigation procedures and describes accident analysis techniques. Course topics include reasons for conducting accident investigations, employer responsibilities related to workplace accident investigations, and a six step accident investigation procedure. The target audience is the employer, manager, employee or employee representative who is involved in conducting accident and/or near-miss investigations. Upon course completion students will have the basic skills necessary to conduct an effective accident investigation at the workplace.
Institutional Controls Program (ICP) Contractor Licensing Class: Bunker Hill Superfund Site Valerie Wade	The Institutional Controls Program (ICP) is a locally-enforced set of rules and regulations designed to ensure the integrity of clean soil and other protective barriers placed over contaminants left throughout the Bunker Hill Superfund site. The Bunker Hill Superfund Site spans from Harrison, ID to Lookout Pass. The class will last approximately 2.5 hours. All contractors, who are involved in excavation, grading, transporting contaminated materials, construction, building demolition, certain interior remodeling projects or other activities within the Bunker Hill Superfund Site that may disturb an existing barrier or result in the installation of a new one, must be licensed by Panhandle Health District (PHD). The contractor is also responsible for obtaining a permit before any work is performed. There are no fees for the licensing or permitting. The license is good for one year and must be renewed each year to stay current. The instructor will be prepared to renew licenses at the show.
K - 9 Demonstration Sgt Frank Brown	Post Falls Police K9 program was created in 2009 to provide professionally trained and highly-motivated K9 teams to respond to critical incidents. The K9 teams provide a clear deterrent to resistive suspects with intent to assault, evade, or escape. These teams also assist other local law enforcement agencies. This demonstration is designed to show the skill involved and the work performed by the K9 teams on a daily basis, plus gives attendees an opportunity to gain knowledge and ask questions about the K9 Unit.

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Lead Training Jennifer Caraway	This course addresses the workplace safety and health issues and requirements regarding lead exposure to workers. This course is intended for workers who perform maintenance, construction, demolition, or other work where lead paint or lead materials are present. The following topics are included: lead health effects, history and uses; written program requirements; exposure assessments; operations that have the potential to cause workers to be exposed to lead; work area signage; engineering controls and work practices; PPE; respiratory protection; medical monitoring; and medical surveillance and removal.
MSHA Annual Refresher (Underground) Jason James	This 1-day class will refresh Experienced Miners and Contractors in Safety and Health hazards involved in underground mining operations. Topics include Miners Rights and Responsibilities, Industrial Hygiene, Water Hazards, Explosives, Fall Prevention, First Aid, Respiratory Protection, Powered Haulage Accident Prevention, Sliding Material Hazards, and much more. This course meets the US Department of Labor-Mine Safety and Health Administration's (MSHA) requirements per 30 CFR part 48 for Annual Refresher Training and is designed for the Experienced Miner who has a current 5000-23.
MUTCD 2009 Overview Lance Johnson	The Manual on Uniform Traffic Control Devices (MUTCD) promotes the safe and efficient movement of traffic on all roads open to public travel. This manual describes the standards for the placement of highway signs, pavement markings, traffic signals, and much more. This course will provide attendees with the basic knowledge to use the principles of the MUTCD. The course materials are based solely on the 2009 edition of the MUTCD. This course will include an overview of state and federal regulations associated with the MUTCD. This 8 hour course is intended for those who need a basic understanding of proper traffic control design and operations. There are no course prerequisites; this course is intended for those with a limited knowledge of the MUTCD.
OSHA 10 Construction - PARTS 1&2 Curt Sather & Curt Nead	This 10-hour OSHA course is taught over (2) days and will teach attendees about recognition, avoidance, abatement and prevention of safety and health hazards in the workplace. This OSHA 10-Hour is intended to provide an entry level construction worker's general awareness on recognizing and preventing hazards on a construction site. Topics include hazard communication, hazardous materials, cranes and rigging, fall protection, PPE, electrical safety, and much more
OSHA 10 General Industry - PARTS 1 & 2 Kelly Addis & Jaclyn Rutan	This 10-hour OSHA course is taught over two (2) days and will follow a facilitated format that will cover safety regulations as they pertain to general industry. It will cover topics including Intro to OSHA, Personal Protective Equipment (PPE), Hazard Communications, Means of Egress, Fire Protection, Electrical Safety, Machine Guarding and many other exciting topics you won't want to miss.
OSHA Update, Multi-Employer Policy and Recent OSHA Enforcement Photos Adam Gerson	Presentation will provide an overview of recent OSHA emphasis programs and enforcement activity. Course will also address OSHA multi-employer worksite policy with case studies, and give examples of recent OSHA enforcement photos from Idaho.
OSHA 300 - Recordkeeping April Woelk	Protect your company with a solid understanding of the OSHA recordkeeping requirements. OSHA's Hazard Communication rules have changed requiring employers to examine their programs. With increased pressure to improve workplace safety, OSHA is ramping up its inspection efforts and every inspection begins with the same thing - documents. This topic will discuss the kinds of records OSHA requires U.S. employers to maintain; when those records must be presented to the government, employees, unions, or opposing counsel; a review of how OSHA's regulatory agenda may change recordkeeping requirements; and up-to-date information about pending challenges to the rule changes.
Underground Power Safety Thomas Maddalone	
RCW/WAC - Update Chuck Williams	Four hours of journeyman continuing education for Washington licensees only. Review the Washington Administrative Code and the Revised Code of Washington as required by WAC 296-46B-970. This course is meant to reinforce knowledge of the basic uses and purposes of the RCW and WAC, and will cover the changes made to the current versions of these publications.
Respiratory Protection Larry Hagel	Will that respirator protect you? This course will provide a practical overview of respirators, selection, use limitations, and good practices. This course is helpful to individuals who oversee respirator users in the workplace. State and Federal requirements will be addressed.

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Road Safe Chris Chathams	This program is presented in a classroom setting designed to educate drivers of all ages on the typical problems associated with road conditions in Idaho. The class consists of a PowerPoint presentation and video giving safe driving tips, as well as suggestions to prepare for the winter driving season. Other topics discussed will be how to deal with aggressive drivers, DUIs, and other driving problems and situations encountered on the roadways.
Safety Management 101: What You need for a Safety Program Chris Chathams	Learn how and why the Occupational Safety and Health Act was created and how it has evolved through the years. Find out its major organizational divisions and functions so you will know who to contact for guidance and notifications. This course provides the basic tools a safety manager needs to understand the safety regulations for his/her company. How do you conduct a hazard assessment and develop hazard controls. What safety programs do you need? Bloodborne Pathogens, Combustible Dust, Silica, Confined Space, Contractors, Cranes/Jacks/Lifts/Slings, Electrical, Emergency/Fire Action Plan, New Hire , Equipment, Ergonomics, Fall Protection, Ladders, Slip, Trip, Fire Extinguishers, First Aid/CPR/AED, Forklift, Hand Tools, Hazardous communications (HAZCOM), Hearing Conservation, Hotwork/Gas Cylinders/Welding, Job/PPE Hazard Assessments, Laser/Radiation, Lock out / Tag out, Machine Guarding, OSHA 300, PPE, Heat Stress, Wellness, and Respiratory Protection. As a safety manager what do you need to know about workers' compensation? How to communicate with management using cost benefit analysis.
Scaffolding Safety April Woelk, David Kearns & Greg Rodriguez	
Silica Awareness Tim Lee	In this course, students will learn about the basics of Respirable Crystalline Silica encountered during many construction activities. This course will identify the basic health hazards associated with exposures to respirable crystalline silica, the common construction tasks that may result in exposures, and engineering control measures that employers may implement to protect workers from exposure. The course will also include basic PPE and air monitoring techniques for crystalline silica. Students will learn about the new OSHA standards concerning respirable crystalline silica and WA State new standard on respirable crystalline silica including how to recognize what a “competent person” for respirable crystalline silica means.
Stop The Bleed: Bleeding Control Basics Wendy Ferguson, RN, BSN, CEN	Stop the Bleed is part of a nationwide campaign to empower the general public to make a difference in a life-threatening emergency by teaching the basic techniques of bleeding control before emergency medical services arrive on scene. Techniques taught include scene safety, 9-1-1 activation, basic patient assessment, identifying sources of bleeding, bleeding control and wound packing and tourniquet application.
Supervisor and Manager Sexual Harassment and Diversity Awareness Ashley Cameron	Sexual harassment and discrimination can have a very negative impact on an organization's work environment. Managers and supervisors have a responsibility to both their employees and their company to know their role in preventing and responding to sexual harassment and workplace discrimination. This includes knowing the laws, guidelines, policies, and resources for correcting, preventing, and investigating sexual harassment complaints.
Supervisor Reasonable Suspicion Brandon Quaale	This two hour course that will meet the Department of Transportation’s (DOT) reasonable suspicion training requirement for supervisors. It will include an hour covering alcohol and the second hour focusing on drugs of abuse. The training will cover the signs and symptoms of abuse, how to call for a reasonable suspicion test, and how to avoid legal pitfalls. At the end of the course the attendees will have met the requirements to be a trained supervisor that can call for reasonable suspicion testing under DOT regulations.
Supervisor Training Responsibilities & Injury Prevention Warren Merritt	
Unlocking Safety Potential Chris Chathams, MS, CSP	Have you ever thought how much potential a safety committee or group of individuals has but keeps coming up a bit short? This course is designed to identify challenges and provide resources for both managers and Safety professionals, then focus on being able turn a workforce or group of individuals to perform better for safety. Through Safety analysis and a leadership focus the course focuses on unlocking the potential that your employees, safety committees, and other organization groups may have but encountered hurdles. This 2 hour course aims to encourage, energize and give new perspective on how to unlock potential for Safety.
Warehouse Safety Cole Craven	The objective of the Warehouse Safety course is to help employees to stay safe by identifying the specific hazards they can encounter while working in a warehouse, and providing them with the practical procedures that they can use to avoid them.

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Water Storage: Emergency Preparedness Nick Mechikoff	This class will provide an introduction to personal preparedness for emergency situations, including how to prepare for evacuations, how to prepare to shelter-in-place and how to store emergency supplies of water. Attendees will be provided with resources that can further assist them in their personal preparedness planning.
What the Heck is Selfish Safety? Don Bradway	This program presents a unique and personal approach to safety, giving supervisors (and that means foremen too!) the tools to deliver safety-related messages through personal involvement, going beyond the basic communication often practiced. Supervisors who are required to deliver safety training typically aren't given anything but the standard message of "work safely" but aren't given the tools to drive the importance of safety "home" to the listeners. This presentation will give them multiple methods for personalizing the safety message, many times in ways that most employees haven't heard, or thought of. Non-supervisory employees will benefit just as much because, as we all know, safety is everybody's business and concern!
What Would You Do? How to Address Domestic Violence and Sexual Assault in the Workplace. Amanda Krier	In this session, we are going to go over what sexual assault and domestic violence looks like in the workplace. We will go over warning signs, how to respond and how to have trauma informed policies and procedures.
Workplace Violence: Civilian Response To Active Shooter Events Captain Kim Edmonson	The course covers what workplace violence is, provides current statistics and trends, relevant laws, organizational impact, and discusses security and prevention measures.
Worksite Hazards Mark Wager	This course covers the basics of construction safety and health. Students will be introduced to accident prevention techniques and hazard recognition. Fall Protection and Prevention, Scaffolding, Excavation and Trenching, and Electrical Safety are the topics normally covered. However, other safety issues can be included in an interesting and thought-provoking manner for company or jobsite specific hazards.
Workzone Flagging Certification Kathy Cardwell	Get ready to start your career in traffic control by earning your Flagger Certification card now. Gain the skills and expertise to enhance the safety of workers and road users during construction, maintenance, and repair projects. This course is 100 percent safety-driven with topics of flagger qualifications and requirements, positions for safety, road user safety, flagging signals, elements of traffic control, specialty lighting, intersections, grade crossings and short duration and mobile work. After successful completion of this course, you will be issued a flagger card required by the Idaho Transportation Department and accepted in many other states including Washington, Montana, and Oregon. Flagger certification is valid for three years and minimum age required is 18 years.