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<tr>
<th>Course Title</th>
<th>Instructor(s)</th>
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<tr>
<td>Active Shooter Training</td>
<td>Detective Harvey Ballman, Kootenai County Sheriff’s Office</td>
<td>The Civilian Response to Active Shooter Events (CRASE) course is designed and built on the Avoid, Deny, Defend (ADD) strategy developed by ALERRT (Advanced Law Enforcement Rapid Response) in 2004. This class provides strategies, guidance and a proven plan for surviving an active shooter event. Topics include the history and prevalence of active shooter events, civilian response options, medical issues, and considerations for conducting drills.</td>
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<tr>
<td>Amputation Prevention/Machine Guarding</td>
<td>Cole Craven, Timber Products Manufacturers Association</td>
<td>We are experiencing a significant increase in amputations, fires and fatalities and are trending in the wrong direction. This training will cover serious incident, injuries and catastrophes experienced over the last two years, by multiple industries. We will analyze the root cause, so you can prevent these incidents from happening to you and your employees. We will also discuss how to handle the OSHA audit that will occur when you have an incident like these.</td>
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<tr>
<td>Arc Flash Hazards</td>
<td>Thomas Maddalone, Kootenai Electric Cooperative</td>
<td>Electrical accidents are one of the top four killers in the construction industry and account for deaths across many other industries as well. Many times workers try to work around electrical without all the proper safety measures in place. One of the highest hazards of working on live electrical circuits is the danger of Arc Flash. This is an awareness level class teaching the hazards of arc flash. It will teach how to identify when there is the potential of arc flash and basic strategies for protecting yourself from the hazards.</td>
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<tr>
<td>Asbestos Awareness</td>
<td>Jennifer Caraway, Washington State Department of Commerce</td>
<td>Asbestos probably affects you to some degree whether you know it or not. In this class, we will discuss what asbestos is, its health hazards, historical uses, odd/strange uses, and current uses. She will also show you how to recognize if a product on the shelves contains asbestos or not so you don’t inadvertently purchase and use it. You’ll also learn the importance of a Good Faith asbestos inspection prior to starting your small or large project (whether you are the owner or contractor).</td>
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<tr>
<td>ASME/OSHA Basic Rigging</td>
<td>Mary Beymer, West Coast Wire Rope &amp; Rigging, Inc.</td>
<td>Students will gain greater awareness of safe rigging practices, learn the importance of choosing proper rigging and understand what to look for before you lift. This class includes: • Risk management and basic rigging plan • Basic rigging principles and load control • Loads on rigging and the rigging triangle • Application and inspection of hardware • Application and inspection of slings</td>
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<tr>
<td>Basic Electrical Safety</td>
<td>Thomas Maddalone, Kootenai Electric Cooperative</td>
<td>This class is designed to help students recognize and respond safely to potential electrical hazards.</td>
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<tr>
<td>Basic SEEP Introduction; The Water Cycle, Erosion, and Construction</td>
<td>Jamie Brunner, CDA Lake Management, State of Idaho</td>
<td>This course introduces attendees to the water cycle and the process of erosion. It explores how construction activities relate to these processes and the overall impact to the water cycle and water quality from the process of urbanization. This is the introduction portion of a longer 1.5 day class, Basic SEEP. The Basic SEEP class delves further into stormwater, erosion, and sedimentation, as well as Best Management Practices that can be utilized to minimize negative effects from site-disturbing activities.</td>
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<tr>
<td>Be a Forestry Safety ACE: Awareness, Culture and Equipment</td>
<td>Brian Cleveley, Nancy Simcox &amp; K.D. Hatheway-Dial, University of Washington</td>
<td>Forestry work is dangerous with its use of chainsaws, falling and burning trees, heavy lifting, moving machinery and vehicles. A forestry safety ACE is trained in situational awareness, safety culture and the use of protective equipment. During this session, learn how you can use Virtual Reality to immerse yourself into a life-like work environment that gives you the opportunity to identify hazards and implement controls without risk or in a safe environment. Discover how Virtual Reality training can increase your knowledge and skills in situational awareness of the forest, chain saw safety, and use of personal protective equipment! Join the session on February 24th - Increasing Safety Skills with Virtual Reality- to experience real world safety outcomes without real world consequences.</td>
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<tr>
<td>Bloodborne Pathogens</td>
<td>Dave Kears</td>
<td>Employees in many occupations may be at risk for exposure to bloodborne pathogens. This 1-hour class will prepare you to safely employ an exposure control plan by identifying infectious pathogens, application of personal protective equipment, and other provisions required by OSHA’s Bloodborne Pathogen Standard. Health care workers, first responders and housekeeping personnel would be the ideal candidate to enroll in this class.</td>
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<td>Conducting Job Hazard Analysis (AKA JHA, JSA, Pre-Task Plans, THA, PPE Assessments</td>
<td>All employers are required to assess their workplace for identified hazards and address those hazards. This class will teach you how to do a hazard assessment and complete Job Hazard Analysis forms which include PPE and ergonomic assessments. This process offers a simple approach which can also be used to create Pre-Task Plans, Standard Operating Procedures, and Job Descriptions as well.</td>
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<td>Confined Space Awareness</td>
<td>The course will cover the basic awareness of confined spaces and break down what would have to be covered in a confined space program. The overall discussion will include procedures for entry such as atmospheric testing, re-classifying spaces for alternate entry and developing rescue plans for entry. Students will be able to:  - Identify characteristics of a confined space  - Identify characteristics of a permit-required confined space  - Awareness of program and personnel requirements for confined spaces</td>
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<td>Construction Focus Four: Falls, Electrocution, Struck By, Caught Between</td>
<td>This course focuses on the top four hazards in the construction industry (falls, electrocutions, struck-bys, and caught-ins). Construction workers make up approximately 6% of the country’s workforce but account for more than 20% of all job-related fatalities each year. Construction is one of the most hazardous industries in America; each year a substantial number of construction workers lives and countless others are injured by these four hazards. Participants will be introduced to accident prevention techniques and hazard recognition to improve their awareness about the focus four hazards and ways to abate these hazards.</td>
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<td>Controlling Workers Compensation Costs</td>
<td>Learn the basics of how Washington and Idaho workers’ compensation effects the costs employers pay and 10 steps to loss control that will greatly decrease your workers’ compensation costs.</td>
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<td>Covid-19 Exposure Controls in the Workplace</td>
<td>This session will describe controls used in the workplace to prevent covid-19 exposures and transmission. Guidance on OSHA’s emergency temporary standard will be provided. Participants will be introduced to resources for developing an infection prevention control plan.</td>
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<td>Creating Safe Work Environments</td>
<td>Guidelines to help employers respond to domestic violence, sexual violence, and stalking impacting the workplace. This class will focus on how to identify, respond and support colleagues, staff and co-workers, who are or have experienced domestic violence, sexual assault and stalking. This would be a class that would be good for management, HR and employees to attend.</td>
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<td>Cyber Crimes &amp; Safety</td>
<td>This course will inform you about the basics of safe computer use and Internet browsing. Security behaviors you can use to keep your personal and business data safe. We will cover social engineering, malware, email, passwords, social media, mobile devices, and Internet browsing safety. Finally, we will discuss the importance of your daily vigilance to defend yourself against data thieves. You are the tip of the spear and the front line of defense against bad actors compromising your data.</td>
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<td>Defensive Driving</td>
<td>Understand why driving is a full-time job and the techniques that will increase your safety on the road. We will cover the following areas:  - Preparing yourself and your vehicle  - Pre-trip inspections  - The BIG five driving techniques and Distractions  - Inclement weather  - Mechanical failure</td>
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<td>Developing a Safety /Accident Prevention Program</td>
<td>This class will assist employers in developing and implementing a written Safety/Accident prevention program that is tailored to the needs and potential hazards associated with your workplace.</td>
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<td>Ergonomics on the Move: Lifting, Carrying, Pushing and Pulling</td>
<td>Ed Havey&lt;br&gt;WA State Department of Labor &amp; Industries</td>
<td>Many businesses move boxes, bags, bins, totes, containers, etc. by hand. This course will cover the basics of manual material handling. We will discuss what workplace factors increase the risk of injury, how to easily measure this risk, and highlight some ways to make your work safer. A number of free and simple on-line calculators you can use at your workplace to assess moving tasks will be shown.</td>
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<td>Excavation and Trench Safety Hazard Overview</td>
<td>Adam Gerson&lt;br&gt;OSHA Consultation</td>
<td>This course provides an overview of OSHA Excavation Standards and the safety and health aspects of excavation and trenching. Course topics include practical soil mechanics and its relationship to the stability of shored and unshored slopes and walls of excavations, the introduction of various types of shoring (wood timbers and hydraulic), soil classification, and use of protective systems.</td>
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<td>Fall Protection Awareness: Equipment Selection and Use</td>
<td>Cisco Nevarez&lt;br&gt;Garco Construction</td>
<td>This class will cover the basic principles of fall protection including the proper use of anchorage connectors, body harnesses, lanyards, self retracting lifelines and horizontal lifelines. There will be discussion of the new developments in fall protection including and the proper inspection of fall protection equipment.</td>
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<td>First Aid/ CPR &amp; AED</td>
<td>Greg Rodriguez &amp; Becky Colotti&lt;br&gt;Ginno Construction &amp; Hecla Mining Company</td>
<td>Through lecture, videos and hands-on practice, this half-day course will prepare individuals to respond confidently to emergency situations. Skills and topics include: CPR and AED use, choking, bleeding control, bandaging and splinting, cold and heat related emergencies, Epinephrine Auto-Injector training, and many more. Students will practice essential skills in small group practices and are evaluated through instructor observation of the reasonable performance of skills. Certification cards will be issued and are valid for 2 years from the date of the class.</td>
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<td>Forklift Certification: Class 5</td>
<td>Michael Closson&lt;br&gt;Closson's Equipment</td>
<td>Class V Forklifts are internal combustion engine pneumatic tire trucks. Forklifts in this class are similar to those in Class IV but are designed primarily for outdoor use. These forklifts are highly durable and are ideal for lumberyards, construction sites, and other outdoor applications. Students will receive a wallet card indicating you completed the training class. The card is good for 3 years. Minimum age 18.</td>
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<tr>
<td>HazCom Basics</td>
<td>Cole Craven&lt;br&gt;Timber Products Manufacturers Association</td>
<td>The Hazard Communication (HazCom) standard is one of the most frequently cited violations with OSHA and WA L&amp;I. This class will teach the basics of creating a Hazard Communication program and all of the elements needed to comply with the standard. This includes documentation, training, conducting chemical inventories and ensuring access to SDS sheets.</td>
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<tr>
<td>HAZWOPER Refresher</td>
<td>Anne Bailey&lt;br&gt;Sure Safe</td>
<td>This class satisfies the OSHA requirement for annual 8 hour refresher training per 29 CFR1910.120 or 29 CF4 1926.65. All participants in this class must have either a 40 Hour or a 24 Hour certificate (you do not need to bring the certificate to the class). This class is appropriate for anyone involved in clean up or assessment of hazardous waste sites. It is not applicable to emergency response personnel or TSD/RCRA facilities. Topics will include a review of the OSHA standard, an update on environmental regulations and current rulemaking, new OSHA initiatives including combustible dust, hazard analysis techniques and control measures, selection of chemical protective clothing, fire protection approaches and spill control methods. Certificates of completion will be awarded.</td>
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<td>Heavy Machinery/Equipment Safety</td>
<td>Cole Craven&lt;br&gt;Timber Products Manufacturers Association</td>
<td>This Heavy Machinery and Equipment Safety course provides safety awareness training for those who work on and around heavy equipment and vehicles. Students will be able to recognize methods for identifying and preventing hazards pertaining to heavy equipment and vehicle operations. It addresses common hazards including the top four causes of injury and death: falls, struck-by, caught-between, and electrocution.</td>
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<td>Home Remedies for Common Injuries</td>
<td>Marty Matney&lt;br&gt;North Idaho College</td>
<td>Ever wonder how to take care of minor aches and pains? Ever have something bothering you that isn’t bad enough to go to the doctor, but takes forever to get better? We will talk about some simple tools we can use to fix these minor problems. Uncommon ideas that work when you try them! From the neck to the toe, there are ways you can help yourself feel better.</td>
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| **IDPR - Boating Safety Certification**  
Gerald Wallace & Johnathan Traw  
Kootenai County Sheriff’s Office | Boating Safety is a concern for everyone on the water. Boaters can keep themselves and their passengers safe by learning about responsible boat operation, etiquette, and rule of the waterways. Topics include: Knowing Your Boat; Trailering Your Boat; Boat Maintenance; Navigation Rules; Legal Requirements; Boating Emergencies; Before You Get Underway; Launching/Retrieving; Operating Safely; PWC Operations; Safety Equipment; Water Sports. This is a state course approved by the National Association of State Boating Law Administrators and recognized by the U. S. Coast Guard. It meets the state boating education requirements for the State of Washington and other states that have mandatory boating education laws. |
| **Incident Investigation**  
Chris Raykovich | Incident Investigation is one of the most valuable tools used to be able to prevent future incidents. This class will teach how to establish an Incident Reporting and Investigation program. It will also include the steps in the investigation, as well as the documentation that should be completed after an incident. |
| **Industrial Hygiene: Health Hazards in the Work Place & Personal Sampling**  
John Zeman  
WA State Department of Labor & Industries | This class provides the basic tools you need to understand the health and safety regulations. You will learn how to conduct a hazard assessment and develop hazard controls for Silica, Lead, Asbestos, Solvents, Chrome, Formaldehyde, Ergonomics, Noise, and other chemicals. You will also learn how to conduct personal exposure sampling to determine exposure levels hands-on and what the numbers mean. |
| **Institutional Controls Program Licensing**  
Mary Rehnborg  
Panhandle Health District | The Institutional Controls Program (ICP) is a locally-enforced set of rules and regulations designed to ensure the integrity of clean soil and other protective barriers placed over contaminants left throughout the Bunker Hill Superfund site. The Bunker Hill Superfund Site spans from Harrison, ID to Lookout Pass. The class will last approximately 2.5 hours. All contractors, who are involved in excavation, grading, transporting contaminated materials, construction, building demolition, certain interior remodeling projects or other activities within the Bunker Hill Superfund Site that may disturb an existing barrier or result in the installation of a new one, must be licensed by Panhandle Health District (PHD). The contractor is also responsible for obtaining a permit before any work is performed. There are no fees for the licensing or permitting. The license is good for one year and must be renewed each year to stay current. The instructor will be prepared to renew licenses at the show. |
| **Ladder and Work Platform Safety**  
Cisco Nevarez  
Garco Construction | Ladders and work platforms are used in all industries and misuse of this equipment leads to numerous injuries and fatalities each year. This class will help attendees determine the correct ladder for a task, how to use it properly, and the training which is required for employees using ladders and work platforms. |
| **Lead Awareness**  
Jennifer Caraway | This course addresses the workplace safety and health issues and requirements regarding lead exposure to workers. This course is intended for workers who perform maintenance, construction, demolition, or other work where lead paint or lead materials are present. The following topics are included: lead health effects, history and uses; written program requirements; exposure assessments; operations that have the potential to cause workers to be exposed to lead; work area signage; engineering controls and work practices; PPE; respiratory protection; medical monitoring; and medical surveillance and removal. |
| **Leading a Safety Culture**  
Dave Kearns | Ever wonder why some companies have outstanding safety cultures? Well, they didn’t happen by accident. This session will demonstrate the importance and benefits to having a strong culture of safety in your workplace and community. Examples, tips, activities, and ideas to lead, develop, and enhance the culture will be provided. |
| **Learn to Search Like an EXAMiner**  
Brianna Eiter and Lori Guasta  
National Institute for Occupational Safety and Health (NIOSH) | Hazard recognition is a critically important skill for worker safety and health. It can sometimes be difficult to find all of the hazards that may be present in the work environment. During this training session, we will discuss workplace hazards and potential reasons they may not be found or fixed. Trainees will also use the EXAMiner hazard recognition tool to practice searching for hazards in different mine site locations. After searching through different mine site locations, trainees will debrief their experience with trainers and discuss hazards that were found and missed. Finally, the group will discuss potential ways hazards are mitigated at their worksite and share strategies for examining the workplace. |
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| Lithium Battery Safety | Rob Hooper | With the proliferation of lithium batteries used in a multitude of consumer and industrial products, lithium batteries can pose unique safety hazards. In this session you will:  
- Understand the Different Battery Technologies - Why Lithium Batteries  
- Different Types of Lithium Batteries  
- Lithium Battery Safe Handling, Use, and Storage  
- What Can Go Wrong with Batteries  
- Emergency Response to Lithium Batteries |
<p>| Lock-out, Tag-out | Gus Stoor | Lockout/Tagout (LOTO) refers to specific practices and procedures to safeguard employees from the unexpected energization or startup of machinery and equipment, or the release of hazardous energy during service or maintenance activities. |
| Movement Patterns for Injury Prevention | Marty Matney | There are ways we move that can hurt us. Common ways that are easy to fix and to make common in our everyday activity. Here you will learn ways to move, to sit, to sleep, to drive in your car. Simple ways that can keep you from hurting and, even worse, could cause serious injury. How we move is how we can take care of ourselves. |
| OSHA #7105 Introduction to Evacuation &amp; Emergency Planning | David Baker | This course covers OSHA requirements for emergency action and fire protection plans. Course topics include purpose and requirements of emergency action and fire prevention plans, elements of emergency evacuation plans, and features of design and maintenance of emergency exit routes. Students will participate in workshops pertaining to the development of emergency action plans. Upon course completion students will have the ability to list the elements of an emergency action plan and emergency evacuation floor plans, recognize violations of OSHA exit route requirements, determine whether their organization requires an emergency action plan, and develop and implement workplace emergency action and fire protection plans. Minimum student contact hours: 4 |
| OSHA #7205 Health Hazard Awareness | David Baker | This course covers common health hazards that are encountered in the workplace. These health hazards include exposure to chemicals, asbestos, silica and lead. Course topics include identification and evaluation of health hazards and their sources of exposure, health hazard information, and engineering and work practice controls. Students participate in workshops on evaluation and abatement of workplace health hazards. Upon course completion students will have the ability to understand common health hazards in the workplace and methods for controlling and abatement of these hazards. |
| OSHA #7510 Introduction to OSHA for Small Businesses | David Baker | This course covers an introduction to the Occupational Safety and Health Administration (OSHA) and the OSH Act for owners and managers of small businesses. Course topics include an introduction to OSHA, OSHA Standards, the inspection process, implementing a safety and health program, worker training requirements and assistance available to small businesses. Upon course completion students will understand OSHA operations and procedures and how to work with OSHA to prevent or reduce injuries and illnesses in their workplace. Minimum student contact hours: 3 |
| OSHA 300 Logs &amp; Electronic Reporting | Kimberly Tkacs | Protect your company with a solid understanding of the OSHA recordkeeping requirements. OSHA’s Hazard Communication rules have changed requiring employers to examine their programs. With increased pressure to improve workplace safety, OSHA is ramping up its inspection efforts and every inspection begins with the same thing - documents. This topic will discuss the kinds of records OSHA requires U.S. employers to maintain; when those records must be presented to the government, employees, unions, or opposing counsel; a review of how OSHA's regulatory agenda may change recordkeeping requirements; and up-to-date information about pending challenges to the rule changes. |
| OSHA Legal Aspects, Multi-Employer Worksite Policy and Recent Enforcement | Adam Gerson | Presentation will provide an overview of recent OSHA emphasis programs and enforcement activity. Course will also address OSHA multi-employer worksite policy with case studies, and give examples of recent OSHA enforcement photos from Idaho. |</p>
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<td>OSHA-10 Construction: Two Classes</td>
<td>Curt Nead, Deb Kellard, Mark Wagar, Heidi Gerke</td>
<td>OSHA 10-Hour is intended to provide an entry level construction worker’s general awareness on recognizing and preventing hazards on a construction site. Topics include hazard communication, hazardous materials, cranes and rigging, fall protection, PPE, electrical safety, and much more.</td>
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<td>OSHA-10 General Industry</td>
<td>Seth Jaquith, Philip Hobbs, Boise State University</td>
<td>This 10-hour OSHA course is taught over two (2) days and will follow a facilitated format that will cover safety regulations as they pertain to general industry. It will cover topics including Intro to OSHA, Personal Protective Equipment (PPE), Hazard Communications, Means of Egress, Fire Protection, Electrical Safety, Machine Guarding and many other exciting topics you won’t want to miss.</td>
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<td>Preparing for Emergencies and Disasters - An Outline for Action</td>
<td>Rob Hooper</td>
<td>Emergencies and disasters can strike a business, family, or individual in a moment. What we do to prepare for them many times makes a difference whether a business recovers, a family home is spared from destruction, or a person saves a life. This class is an overview of the essentials of preparing for emergencies and disasters. It is intended to help one understand where a person starts the process, some of the important things to look at that might be overlooked. The outline is:</td>
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<td>• Understanding the Emergency Management Circle</td>
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<td>• Types of emergencies</td>
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<td>• Risk Assessment - What are your hazards</td>
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<td>• Developing a plan of action</td>
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<td>• Examples of real life situations</td>
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<td>• Personal Preparedness</td>
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<td>Remote Worker Safety &amp; Backcountry Survival</td>
<td>Adam Zitterkopf &amp; Ethan Mahakam, Kootenai County Sheriff’s Office</td>
<td>Many workers work in remote locations including logging, construction, mining, emergency medical personnel, law enforcement, forest service, and communications. These remote areas have unique challenges and may result in a worker being separated from other personnel creating the need for them to be able to survive in the wilderness. This class will provide survival techniques to prepare individuals for those situations.</td>
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<td>Respiratory Protection</td>
<td>Beth Hodgson, Spring Environmental</td>
<td>Will that respirator protect you? This course will provide a practical overview of respirators, selection, use limitations, and good practices. This course is helpful to individuals who oversee respirator users in the workplace. State and Federal requirements will be addressed.</td>
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<td>Safety Management 101: What You Need for a Safety Program</td>
<td>April Woelk, Sysco</td>
<td>Learn how and why the Occupational Safety and Health Act was created and how it has evolved through the years. Find out its major organizational divisions and functions so you will know who to contact for guidance and notifications. This course provides the basic tools a safety manager needs to understand the safety regulations for his/her company. How do you conduct a hazard assessment and develop hazard controls? What safety programs do you need? Bloodborne Pathogens, Combustible Dust, Silica, Confined Space, Contractors, Cranes/Jacks/Lifts/Slings, Electrical, Emergency/Fire Action Plan, New Hire, Equipment, Ergonomics, Fall Protection, Ladders, Slip, Trip, Fire Extinguishers, First Aid/CPR/AED, Forklift, Hand Tools, Hazardous communications (HAZCOM), Hearing Conservation, Hot Work/Gas Cylinders/Welding, Job/PPE Hazard Assessments, Laser/Radiation, Lockout/Tagout, Machine Guarding, OSHA 300, PPE, Heat Stress, Wellness, and Respiratory Protection. As a safety manager, what do you need to know about workers’ compensation? How to communicate with management using cost benefit analysis.</td>
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<td>Silica Awareness</td>
<td>Beth Hodgson</td>
<td>In this course, students will learn about the basics of Respirable Crystalline Silica encountered during many construction activities. This course will identify the basic health hazards associated with exposures to respirable crystalline silica, the common construction tasks that may result in exposures, and engineering control measures that employers may implement to protect workers from exposure. The course will also include basic PPE and air monitoring techniques for crystalline silica. Students will learn about the new OSHA standards concerning respirable crystalline silica and WA State new standard on respirable crystalline silica including how to recognize what a “competent person” for respirable crystalline silica means.</td>
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<tr>
<td>Suicide Warning Signs &amp; Prevention</td>
<td>Deb Krajcir</td>
<td>Construction and mining have the highest suicide rates of any industries in the United States. This class will teach how to identify warning signs of suicide and how to get help.</td>
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<td>Temporary Worker Safety &amp; Training Responsibility</td>
<td>April Woelk</td>
<td>This class will discuss how staffing companies and their clients can work together to protect temporary workers.</td>
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<td>Toolbox Talks- The Importance and Effectiveness of Them</td>
<td>Blake Mecham</td>
<td>Toolbox talks supplement safety meetings and are important to building a strong safety culture and reinforcing your company’s commitment to protecting workers. Holding regular toolbox talks can prevent workers from getting complacent and avoid taking safety for granted.</td>
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<td>What the Heck is Selfish Safety?</td>
<td>Don Bradway</td>
<td>This program presents a unique and personal approach to safety, giving supervisors (and that means foremen too!) the tools to deliver safety-related messages through personal involvement, going beyond the basic communication often practiced. Supervisors who are required to deliver safety training typically aren’t given anything but the standard message of “work safely” but aren’t given the tools to drive the importance of safety “home” to the listeners. This presentation will give them multiple methods for personalizing the safety message, many times in ways that most employees haven’t heard, or thought of. Non-supervisory employees will benefit just as much because, as we all know, safety is everybody’s business and concern!</td>
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<td>Working from Home Ergonomics</td>
<td>Ed Havey</td>
<td>Many people are working from home for the first time. Now, after several months, some are feeling discomfort and pain when doing computer work. This course will cover how to set-up your home office using simple DIY “hacks” and tips so you can be more comfortable and productive.</td>
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<td>Workplace Safety and Health Training on Infectious Diseases, including COVID-19</td>
<td>Cole Craven</td>
<td>The training will focus on identifying and preventing COVID-19 illnesses, training on OSHA standards that address infectious diseases, including COVID-19 hazards; and training on workplace hazards identified in OSHA special emphasis programs or other priorities associated with infectious diseases, including COVID-19.</td>
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<tr>
<td>Workzone Flagging Certification</td>
<td>Kathy Cardwell</td>
<td>Get ready to start your career in traffic control by earning your Flagger Certification card now. Gain the skills and expertise to enhance the safety of workers and road users during construction, maintenance, and repair projects. This course is 100 percent safety-driven with topics of flagger qualifications and requirements, positions for safety, road user safety, flagging signals, elements of traffic control, specialty lighting, intersections, grade crossings and short duration and mobile work. After successful completion of this course, you will be issued a flagger card required by the Idaho Transportation Department and accepted in many other states including Washington, Montana, and Oregon. Flagger certification is valid for three years and minimum age required is 18 years.</td>
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