Esthetician Curriculum and Student Policies

Textbooks:
*Milady’s Standard Esthetics Fundamentals 10th Ed*
Joel Gerson - Cengage Learning

*Milady’s Standard Esthetics Fundamentals Student Workbook*
Jeryl Spear - Cengage Learning

ORIENTATION – 4 hours
School rules and regulations; history of esthetics, role of the esthetician, qualities of the professional esthetician; Code of ethics; familiarization of school facilities and supplies; career paths for estheticians

SAFETY AND HEALTH – 8 hours
General salon/clinic safety; first aid; hazardous materials communications; local, state, and federal safety codes; salon/clinic rules and regulations

BACTERIOLOGY – 18 hours
Types and classifications; bacterial growth and reproduction; bacterial infections and their prevention; immunity and body defenses; methods of infection control; physical and chemical agents

ANATOMY, PHYSIOLOGY, AND NUTRITION – 25 hours
Cells, tissues, and organs; body systems; importance of water; nutrition for healthy skin and longevity

STRUCTURE AND FUNCTIONS OF THE SKIN – 12 hours
Physiology and histology of the skin; structure and functions of the skin; hair structure and functions with appendages; relation to esthetics (nails, sebaceous glands, and sweat glands)

SUPERFLUOUS HAIR – 24 hours
Theoretical overview of permanent methods (electrolysis, thermolysis, blend); temporary methods of hair removal (manual tweezing, depilatory lotions, waxing, strip & non-strip)

CHEMISTRY – 3 hours
Chemistry and matter as related to esthetics; chemical reactions and solutions/elements; compounds and mixtures/biochemistry; the pH scale

CHEMISTRY AS APPLIED TO COSMETICS – 21 hours
Cosmetics; skin care products; massage creams and oils, ampoules, scrubs, new technologies; FDA laws governing cosmetics and cosmetic safety
ELECTRICITY AND MACHINES – 18 hours
Electricity and its effects on the skin; galvanic current for chemica (desincrustation) and ionic iontophoresis; high-frequency current; use of magnifying lamp, Wood's lamp; use of brushing, spray, suction machines; use of vaporizer, pulverizador, hot towel cabinet; paraffin unit; electric mittens, booties, and face mask

FACIAL TREATMENTS – 225 hours
Client preparation; skin analysis and consultation; skin types; skin conditions and disorders; facial procedures; facial treatments with or without machines; overview of aromatherapy and manual lymphatic drainage for the face and neck; product recommendation

BODY PROCEDURES (no machines) – 48 hours
Body exfoliation; back treatments; use of products to enhance skin appearance; training required for advanced body techniques such as aromatherapy, manual lymphatic drainage, water therapies

MAKEUP TECHNIQUES – 84 hours
Color analysis; morphology of the face; product knowledge, chemistry, and related composition; eyebrow contouring; makeup application; corrections and contouring; false eyelashes; eyelash and eyebrow tinting; further training required for advanced techniques

BUSINESS PRACTICES – 50 hours
Business operation; site planning and design; accounting, inventory, and sales tax; payroll regulations; ethics and professional conduct; communication skills; retailing techniques; marketing (advertising, retailing, and promotion); customer relations

IDAHO LAWS AND RULES– 24 hours
Idaho laws and rules governing the practice of esthetics

JOB SKILLS – 36 hours
Resume; interviews; letter writing; licensing regulations; job attitudes; professional organizations; continuing education; industry trade shows, magazines; career opportunities

600 TOTAL HOURS
Esthetician Student Policies

Refund Policy
To withdraw your registration and receive a full refund, you must notify our office at least three full business days before the class starts. Your full tuition can be refunded, transferred to another class, or applied to a voucher for a future class. If notice is received less than three full business days before the start of class, we cannot issue refunds, transfers, or vouchers.

Attendance Policy
Students must attend 100% of scheduled class and clinic hours to pass the course. Excused absences are allowed for illness and other documented emergencies. Missed academic work and examinations must be made up as determined by the instructor.

Grading Policy
Students are assigned theory study and a minimum number of practical experiences. Theory is evaluated after each unit of study. Practical assignments are evaluated as completed and counted toward course completion only when rated as satisfactory. If the performance does not meet satisfactory requirements, it is not counted and the performance must be repeated. At least two comprehensive practical skills evaluations will be conducted during the course of study. Students must maintain a theory grade average of 75 percent and pass a FINAL written and practical exam prior to graduation. Students must make up failed or missed tests and incomplete assignments.

Numerical grades are considered according to the following scale:

- Written and Practical
  - 93–100: A
  - 85–92: B
  - 75–84: C
  - 70–74: D
  - Below 74: Failing

Dress Code and Hygiene
Students may wear black or grey slacks/skirts, a professional top of any color, and the apron/smock provided in the student kit. Students should practice personal hygiene and cleanliness, presenting a well groomed appearance at all times.

Student Conduct
NIC Workforce Training Center offers a professional educational atmosphere. Both students and instructors are to conduct themselves in a professional and ethical manner. Students are expected to maintain professional standards and behavior throughout classroom and student clinic activities. Students are expected to respect other students, faculty members, and clinic clients. Students not meeting attendance homework and classroom requirements, attire requirements, or exhibiting unprofessional behavior will be subject to dismissal.