

## Campus News

### Prepare for graduation ceremony

Faculty and staff who need regalia for the Commencement Ceremony on May 11, should let Chantel Black know no later than Friday, Feb. 10. Respond with the following information: name, highest degree attained, major, college/university, city and state of college/university, height, approximate weight, and whether you need full regalia or only select items.

Information: Black at Ext. 3330 or chantel\_black@nic.edu.

### Staff PIP funds exhausted

Due to heavy use in the fall and early spring, the Staff PIP Funds Account cannot fund any more requests. The PIP Funds general account is funded each fiscal year, assuming budget approval. Visit the [Staff Professional Development website](#) for more information on PIP Funds, including the new checklists and new form.

### First Friday to be held Feb. 3

Prospective new students will be on campus Friday, Feb. 3 as part of the First Friday campus visitation program. Direct visiting students to the SUB to check in.

### Pamper your Valentine

The Esthetician Clinic at the Workforce Training Center is offering a Valentine's Day package that includes two hours of pampering for \$35. Available Saturday, Feb. 11, it includes LED light therapy, hand paraffin, and more.

Call the Workforce Training Center for an appointment at Ext. 3333 or visit [www.nic.edu/skincare](http://www.nic.edu/skincare).

### Emery's now open

Emery's is open from 11 a.m. to 12:30 p.m. and NICularts Deli is open 9 a.m. to 1 p.m. Tuesdays, Wednesdays, and Thursdays. Reservations for Emery's Restaurant are encouraged, but walk-ins are accepted. Call Ext. 7763 to make a reservation. The menu can be found at [www.nic.edu/emerys](http://www.nic.edu/emerys).

### NIC Foundation announces Employee Giving Campaign

The North Idaho College Foundation presents  
February 1 - February 29, 2012



On Feb. 1, the NIC Foundation kicks off the annual Employee Giving Campaign, which offers employees the opportunity to invest in NIC as the foundation simultaneously seeks funding from the community. Employee support demonstrates the internal family's commitment to the mission of the college.

Register for a chance to win great prizes at [www.nic.edu/employee-giving](http://www.nic.edu/employee-giving). Many of these prizes do not require a donation: gift certificates from Coeur d'Alene Cellars, Numerica Credit Union, A-Chi-Ving Relaxation, Best

Buzz Espresso, Coeur d'Alene Summer Theatre, Moon Time, The Porch, Spokane Chiefs Hockey, and Spokane Indians Baseball. There will also be prizes from NIC's Alumni Association, Dining Services, Emery's Restaurant, Outdoor Pursuits, and Really BIG Raffle; special prizes from President's Cabinet and the NIC Foundation Board of Directors including golf at The Links, gift baskets, lunch at the Hayden Lake Country Club, gift certificates to Regal Cinema, Savory Restaurant, Seasons of Coeur d'Alene, and more.

Join the Five for Five Dollars Plan by signing up for a payroll deduction of \$5 per month for five months. The true cost of a \$25 gift could be as little as \$4 after federal and state tax deductions and the Idaho State tax credit. If 110 employees were to each donate \$25, NIC could award one deserving student a full scholarship for a year. Gifts can be made in honor or in memory of a loved one, friend, or fellow employee.

Information: NIC Foundation at Ext. 5978.

## Campus News

### Women's basketball team featured on Kansas billboard



The 2011 NIC national championship women's basketball team is currently featured on a billboard for the National Junior College Athletic Association 2012 National Tournament in Salina, Kan. The billboard on I-70 shows last year's champs celebrating after their big win.

### Cost for U.S. postage has increased

Staff members who work with budgets should note that the cost to send First Class mail by envelope through the U.S. Postal Service has risen from 44 cents to 45 cents. Call Steve Tudor at Ext. 3225 with any questions.

## Campus News

### Tom Emerson to be honored with jazz concert Jan. 31

ASNIC is presenting a free JazzNIC concert at 7:30 p.m. Tuesday, Jan. 31 in the Boswell Hall Schuler Performing Arts Center. The concert will feature the premier of "Tom Emerson's Radio Blues" and other music by the NIC Jazz Ensemble and JazzCo jazz choir. Tom is the son of Tom Emerson, Sr., a former NIC trustee, as well as the brother of honorary alumnus Sandy Emerson and brother-in-law of Jeanne Emerson, a retired English instructor who taught at NIC for more than 30 years.

### Gay-Straight Alliance offers program for LGBT awareness

The NIC Gay-Straight Alliance is initiating a program to bring speakers to classrooms, staff meetings, and special training events to discuss lesbian, gay, bisexual, and transgendered (LGBT) issues. This would be useful in classrooms discussing human equality, or for students and staff who deal with sensitive client information. The program's goal is to help students, staff, and employees become comfortable with talking about LGBT issues.

Information: Jon Downing at Ext. 7149 or [jdowning@nic.edu](mailto:jdowning@nic.edu).

### FAFSA help available

Student Services staff will assist students with the completion of their Free Application for Federal Student Aid (FAFSA) during several help sessions held across North Idaho. Students will receive assistance no matter what college they plan to attend.

Sessions will be held from 10 a.m. to 2 p.m. Saturday, Feb. 4 in the NIC Flexible Learning Center in McLain Hall and at Sandpoint High School.

Sessions will also be held from 6 to 8 p.m. Wednesday, Feb. 8 at Coeur d'Alene High School; Thursday, Feb. 16 at Lakeland High School; and Tuesday, Feb. 28 at Kellogg High School.

## Kudos

### Dolezal donates time

Kudos to Art Instructor Rachel Dolezal for spending four hours at Sorenson Magnet School this week creating a 36 inch by 48 inch oil painting with selected students.

## Vice President's Notes

To my friends and colleagues at North Idaho College: It is with a heavy heart that I announce my resignation from NIC. I have accepted the presidency at North-eastern Junior College (NJC) in Sterling, Colo., and will begin those duties on March 12. Although I am excited to begin the next phase of my career, I'm saddened by the realization that my time at NIC will soon draw to a close. You have all treated me very well, endured my odd stories, tolerated my administrative decisions, and shown me more respect than I deserve. North Idaho College will always be close to my heart and I will never forget the kindness you have shown to my wife and me during our time in Coeur d'Alene.



Jay Lee

Over the next six weeks, I hope to express personally my appreciation for all that you have done for me. This format doesn't allow the opportunity to thank everyone, but I do want to recognize the staff of the Office of Instruction, my direct reports, the deans, and the division chairs. I have been very fortunate to work with this outstanding group of NIC employees. Their leadership and devotion to student success and instructional excellence allows the vice president for instruction to look good even in times of great chaos, or ever-growing enrollment!

Please know that over the next few days the college will be developing a transition plan for the Office of Instruction. I'm confident that this plan will result in the college finding the next instruction leader that this great institution deserves.

*Jay Lee, vice president for instruction*

## Campus News

### PTE shows growth, overall enrollment remains steady for NIC

Spring 2012 enrollment has remained flat from the spring semester of 2011, down 0.1 percent. This year's total headcount of 6,422 reflects a decrease of four students from last spring's 6,426.

There were areas of significant growth. While headcount in general studies programs decreased by 0.5 percent, the number of students enrolled in the professional-technical programs grew 2.7 percent overall.

"While enrollment on the academic side remained relatively flat, our professional-technical programs continue to flourish as NIC focuses efforts on ensuring that our technical programs are meeting the region's workforce needs through high-quality, demand-driven programming," said NIC President Priscilla Bell.

Full-time equivalency in the dual credit program grew even more significantly, increasing 9.8 percent.

The enrollment figures for this spring are not exact comparisons to figures from past years due to new changes in admissions and enrollment procedures implemented for the first time at the beginning of the 2011-2012 academic year.

Vice President for Student Services Sheldon Nord will give a more detailed enrollment report to the NIC Board of Trustees at its next meeting, scheduled for 6 p.m. Wednesday, Feb. 22 in the SUB Lake Coeur d'Alene Room.

The full report can be found [here](#).

### Deadline to submit writing to Trestle Creek Review is Jan. 31

Trestle Creek Review, NIC's literary journal, is accepting submissions of any genre of literary or creative work for its 2012 issue. Submission guidelines are available online where visitors can also read the 2011 25th anniversary edition along with unpublished bonus material at [www.nic.edu/tcr](http://www.nic.edu/tcr). Work will be considered from any member of the NIC community and residents of Idaho's five northern counties.

The submission deadline is Tuesday, Jan. 31 for May publication.

Information: Jonathan Frey at Ext. 3777 or [jonathan\\_frey@nic.edu](mailto:jonathan_frey@nic.edu).

## Campus News

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### SEB accepting applications

The ASNIC Student Events Board is looking for a student to fill a vacant position for the rest of the semester and next year. If you know a potential student, ask them to fill an [application](#) by Friday, Feb. 10.

### Learn about I-BEST at open house

An information night/open house for the Idaho Basic Skills and Training (I-BEST) program is scheduled from 6 to 8 p.m. Tuesday, Jan. 31 in the Hedlund Building Room 233. Staff and instructors will provide an overview of the I-BEST program as well as each of the four career programs: certified nursing assistant, machining, office specialist, and welding. Tours of the classrooms will also be available.

I-BEST is a program funded by a two-year, \$521,000 grant from the J.A. and Kathryn Albertson Foundation. Those who have never completed high school undergo GED preparation and testing to earn a GED in one semester, while working toward a technical certificate in one of four career programs through NIC. The event is free and open to anyone interested. Click [here](#) to read about how I-BEST helped one student get her life back on track.

Information: Molly Kreyssler at Ext. 5060 or [mckreyssler@nic.edu](mailto:mckreyssler@nic.edu) or Judith George at Ext. 3313 or [jggeorge@nic.edu](mailto:jggeorge@nic.edu).

### AIM founder to speak at NIC

Clyde Bellecourt, civil rights leader and co-founder of American Indian Movement (AIM), will speak at 7 p.m. Thursday, Feb. 2 in Boswell Hall Schuler Performing Arts Center. The Oyate Drum Group will perform before the speech along with singing by members of the NIC American Indian Student Alliance.

Bellecourt co-founded AIM in 1968 in Minneapolis and was elected as its first chairman. He was a negotiator in the AIM-led occupation at the Pine Ridge Indian Reservation and a leader of the Trail of Broken Treaties march on Washington, D.C., in 1972. The event is free and open to the public.

Information: Evanlene Melting Tallow at Ext. 3365 or [evanlene\\_meltingtallow@nic.edu](mailto:evanlene_meltingtallow@nic.edu).

## Campus News

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### Yakima Valley Community College wrestling match rescheduled

The NIC wrestling match at Yakima Valley Community College that was canceled Jan. 18 has been rescheduled. The match will be held at 7 p.m. Monday, Jan. 30 at Yakima. To view the NIC athletics schedule visit [www.nicathletics.com](http://www.nicathletics.com).

### Bankcda, Wishing Star Foundation founder to speak to NIC boosters

Founder of Bankcda and founding member of the Wishing Star Foundation John Marcheso will be the featured speaker at the NIC Booster Club Luncheon at noon Tuesday, Jan. 31 in the Coeur d'Alene Resort Shore Lounge.



John Marcheso

Marcheso's financial advising firm, Marcheso & Associates, has been in the Coeur d'Alene community for 30 years. He has served three times on the Idaho Governor's Dormitory Housing Commission at NIC.

The NIC Booster Club meets on the second and last Tuesday of the month at noon, alternating between the Outback Steakhouse and the Coeur d'Alene Resort.

Information: Athletics Department Ext. 3348 or [www.nicathletics.com](http://www.nicathletics.com).

### Career Services to offer 'Design Your Ideal Career' workshop

The next Career Services spring 2012 workshop is a Design Your Ideal Career workshop from noon to 1 p.m. Thursday, Feb. 9 at the Career Center. The free workshop will help individuals select the skills they are most likely to use in a job if they could do anything they wanted. The MicroSKILLS program will show participants which careers are their best match. Participants must sign up in advance. Contact Gail Laferriere to sign up at Ext. 7700 or [gail\\_laferriere@nic.edu](mailto:gail_laferriere@nic.edu).

The series of workshops will be offered by Career Services through April. Descriptions of the different workshops can be found [here](#).

## Human Resources Notes

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### Diversity and inclusion development opportunities available

There will be two diversity and inclusion development opportunities offered for NIC employees this spring including "[Poverty Simulation](#)," which will be offered during Employee Day on Tuesday, Feb. 21, and "[Bridges Out of Poverty](#)," offered on Thursday, March 22.

"Poverty Simulation" is a unique, interactive experience that helps people begin to understand what life is like with a shortage of money and an abundance of stress. In the simulation, 40 to 75 people assume the roles of up to 26 different families facing poverty. The simulation will be conducted in the SUB Lake Coeur d'Alene Room with the "families" seated in groups in the center.

Around the perimeter are tables representing community resources and services for the families. Volunteers, including persons who have faced or are facing poverty, have been recruited to staff the resource tables. The experience includes an introduction and briefing, the actual simulation exercise, and a debriefing period in which participants and volunteer staff share their feelings and experiences and talk about what they have learned about the lives of people in poverty.

Advance RSVP for the simulation is required through the Employee Day website by Thursday, Feb. 16. Employee Day is a professional, personal, and practical development day for all NIC employees.

The "Bridges Out of Poverty" workshop is designed to introduce a framework for understanding poverty, including mental models of poverty, research realities, key points, hidden rules, language, issues, and resources. Though not required, this workshop is a perfect complement to the "Poverty Simulation" experience. This workshop is ideal for NIC employees who have experienced the "Poverty Simulation" workshop and who may encounter people living in poverty or the working poor.

Advance RSVP for "Bridges Out of Poverty" is required by emailing Erin Norvell at [erin\\_norvell@nic.edu](mailto:erin_norvell@nic.edu).

## ***Wellness Wisdom***

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### **Winter injury prevention tips**

#### **Snowboarding and Skiing**

The best way to avoid injury in the ski and snowboard season is making sure you are in shape before the season. A good training program should begin 8-12 weeks before the slopes open.

#### **Equipment**

Make sure your boots and bindings are working and fit you properly. You want to make sure your bindings release when needed.

A common injury is skier's thumb. This pulls the thumb back into hyperextension and can sprain the ligaments of your thumb. You will be less likely to sprain your thumb if your hands can get off the pole quickly.

Wear a helmet. Most fatalities from skiing are from head injuries.

When snowboarding, wear wrist guards similar to what roller-bladers wear. If you cannot get wrist guards, try to use a fist when falling rather than falling on an extended hand. Goggles will help prevent squinting in the wind, which creates facial tension headaches.

#### **Technique**

Maintain weight on your uphill leg. Maintain a slight bend in the knees. Keep your hips above your knees. Keep your arms forward. Know your limitations and don't ski down runs that are beyond your ability level. Do not jump off of cliffs because you never know what is at the bottom. Land on both skis.

When you feel like you are out of control, know when you need to stop the recovery effort and accept that you are going to fall. Stay within your ability level. If you are new to the sport, get the feeling of it before you begin sliding on bars and flipping in the air.

*Joel Tenbrink, Wellness Committee member and assistant program instructor*

## ***Benefits Corner***

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### **Wellness Roundup: 10K Step Challenge information session offered**

The 10,000 Step Challenge began Jan. 22 with a practice week, but is open until Monday, Jan. 30. Anyone interested should download and review a step form and pick up a pedometer from the Human Resources Office in Sherman Building Room 108.

- The **Wellness Nutrition class** will be held at 3 p.m. Mondays in Molstead Library Todd Hall. Email [wellness@nic.edu](mailto:wellness@nic.edu) to register.

- There are four different **Walking Groups** that will meet spring semester. Groups meet at noon Mondays, Wednesdays, and Thursdays in front of Molstead Library (or Christianson Gym during bad weather). Another group meets at 2 p.m. Thursdays at Boswell Hall Box Office.

- **Yoga** meets weekly at noon Mondays and Wednesdays in Winton Hall Room 218. The class will last the entire semester.

- **Weight Watchers at Work** will have an information session at noon, Tuesday Jan. 31 in Molstead Library Todd Hall. The group meets weekly at noon Tuesdays in Todd Hall. Email [wellness@nic.edu](mailto:wellness@nic.edu) to register.

- **Wellness Your Way** calendars are available in the Human Resources Office or by downloading one [here](#).

## ***Campus News***

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### **Mammography coach coming to SUB Jan. 31**

The Women's Health Services Coach, a program of Sacred Heart Medical Center and Inland Imaging of Spokane, will provide mammography services on campus from 9 a.m. to 3 p.m. Tuesday, Jan. 31. The coach, which will be parked in front of the SUB, will take patients by appointment. Patients should be prepared to provide insurance cards and films from previous mammograms if they were not taken at Inland Imaging.

To schedule an appointment, call (877) 474-2400.

## ***Open Positions***

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**Systems Engineer:** Apply as soon as possible.

**Automotive Technology Instructor:** Apply by March 2.

**Instructor in Machining and CNC Technology:** Apply by March 2.

**Sociology Instructor:** Apply by March 2.

**Part-time Instructor pool with strong preference for Philosophy applicant:** Apply as soon as possible.

**Radiology Technology Instructor/Program Director:** Internal recruitment only. Apply by Feb. 3

*Unless noted as "Internal only," all application materials must be submitted online at [www.nic.edu/employment](http://www.nic.edu/employment). Internal-only job postings must be applied for in hard copy. To obtain an application packet, stop by the Human Resources Office in Sherman Building Room 108 or contact [teresa\\_henderson@nic.edu](mailto:teresa_henderson@nic.edu) at Ext. 3304 or [Teresa\\_henderson@nic.edu](mailto:Teresa_henderson@nic.edu).*

## ***Classifieds***

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**For sale:** Step-in snowboard boots and bindings for \$20. Also, twin mattress with boxspring and frame about 10 years old, in good condition for \$25. Contact Amy at Ext. 3233 or email [amy\\_mayer@nic.edu](mailto:amy_mayer@nic.edu).

**Free:** Adorable recently found cat. Male, about 8-12 months old, with medium body hair and a long, thick tale. Fine with dogs, but not other cats. Will split the cost of having him neutered. Call Gaby Wilson at Ext. 3410 or email [gaby\\_wilson@nic.edu](mailto:gaby_wilson@nic.edu).

**For sale:** RBK Precision Heart Rate Monitor. Barely used. \$30. Call Gerard Mathes at 691-5726.

## ***Submissions***

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**Submissions:** Submit items to [weeksworth@nic.edu](mailto:weeksworth@nic.edu) for publication in NICToday, the MyNIC portal, or the Week'sWorth.

**Contact:** Tom Greene of Communications and Marketing at Ext. 2759.

**Calendar:** Register events by calling Sharon Hoffman of Campus Events at Ext. 3361.



**FEB. 1**

**Jennifer Henage**

Professional-Technical  
Office

**FEB. 4**

**Lisa Clark**

Information Technology

# Campus Events Calendar

## MONDAY, JAN. 30

- 8 a.m. Schuler Performing Arts Center Jazz Clinics
- 11 a.m. SUB: Driftwood Bay Room Dorm Housing Commission Meeting
- Noon SUB: Echo/Blue Creek Bay Room Campus Alive in Christ Meeting

## TUESDAY, JAN. 31

- 7:30 a.m. SUB: Powderhorn Bay Room Admissions/Registrar's Office Meeting
- 8 a.m. Schuler Performing Arts Center Jazz Clinics
- 8 a.m. SUB: Outside Women's Health Coach
- Noon Coeur d'Alene Resort Booster Club Luncheon
- 2 p.m. SUB: Cottonwood Bay Room General Studies Administrative Assistants
- 6 p.m. Hedlund Building Room 233 I-BEST Information Night
- 7:30 p.m. Schuler Performing Arts Center JazzNIC Concert

## WEDNESDAY, FEB. 1

- 8 a.m. Schuler Performing Arts Center Jazz Clinics
- 8 a.m. SUB: Plaza University of Idaho Transfer Day
- 9 a.m. SUB: Outside Veterans Mobile Unit
- Noon SUB: Powderhorn Bay Room Cardinal Leaders in the Community Meeting
- Noon SUB: Echo/Blue Creek Bay Room University of Idaho Transfer Day Luncheon
- 3 p.m. SUB: Powderhorn Bay Room Academic Support Services Meeting

## THURSDAY, FEB. 2

- 7:30 a.m. SUB: Driftwood Bay Room NIC Foundation Board of Directors Meeting
- 8 a.m. SUB: Lake Coeur d'Alene Room Vice President Student Services All-Staff Meeting
- Noon SUB: Echo/Blue Creek Bay Room Campus Alive in Christ Meeting
- Noon SUB: Powderhorn Bay Room Gay-Straight Alliance Club Meeting
- Noon SUB: Cottonwood Bay Room Student Union Advisory Board Meeting
- 3 p.m. SUB: Crescent Bay Room Completion and Retention Meeting
- 7 p.m. Schuler Performing Arts Center Clyde Bellecourt Presentation
- 7 p.m. SUB: Echo/Blue Creek Bay Room New Life Youth Meeting

## FRIDAY, FEB. 3

- 9:30 a.m. SUB: Driftwood Plaza First Friday Campus Visitation
- 11 a.m. SUB: Plaza Feel Good Fridays
- 3:30 p.m. SUB: Echo/Blue Creek Bay Room Children's Center All-Staff Meeting

## SATURDAY, FEB. 4

- 10 a.m. McLain Hall Flex. Learning Center FAFSA Application Workshop

## SUNDAY, FEB. 5

No Events Scheduled

The Associated Students of North Idaho College present

# JAZZ NIC

Featuring the premiere of "Tom Emerson's Radio Blues" and other music by the NIC Jazz Ensemble. Special guest artists Al Gemberling, Gary Gemberling, and Dan Buckvich.

7:30 PM  
TUESDAY, JAN. 31

BOSWELL HALL  
SCHULER PERFORMING  
ARTS CENTER

FREE



North Idaho College

North Idaho College



Jazz  
Co.